

# What's on the Menu?

## Staples High School Lunch Menu-Sept. 8-11

Monday

Tuesday

Wednesday

Thursday

Friday

### Hot Lunch Choices

 Penne with  
Meat Sauce or  
Marinara

Caribbean Jerk  
Chicken  
with Rice

 Penne with  
Meat Sauce or  
Marinara


Caribbean Jerk  
Chicken  
with Rice

Spicy Chicken  
Wings


Corned Beef  
Reuben


Spicy Chicken  
Wings

Corned Beef  
Reuben

 Classic Cheese  
Pizza  
Garden Salad

 Classic Cheese  
Pizza  
Garden Salad

 Classic Cheese  
Pizza  
Garden Salad

 Classic Cheese  
Pizza  
Garden Salad

### Pre-made Boars Head Sandwich Options

Italian Combo

Italian Combo

Italian Combo

Italian Combo

Turkey & Cheese

Turkey & Cheese

Turkey & Cheese

Turkey & Cheese

Chicken Caesar  
Wrap

Chicken Caesar  
Wrap

Chicken Caesar  
Wrap

Chicken Caesar  
Wrap

 Tossed Pesto  
Salad Wrap

 Tossed Pesto  
Salad Wrap

 Tossed Pesto  
Salad Wrap 

Tossed Pesto  
Salad Wrap

### Garden Salads-Made Fresh Daily

 Entree Garden  
Salad

 Entree Garden  
Salad

 Entree Garden  
Salad

 Entree Garden  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Cobb Salad

Cobb Salad

Cobb Salad

Cobb Salad



# What's on the Menu?

## Staples High School Lunch Menu-Sept. 14-18

Monday

Tuesday

Wednesday

Thursday

Friday

### Hot Lunch Choices

 Yamato Sushi  
Premade Rolls

Chicken Tikka  
Masala  
With Rice

Distant  
Learning  
Day

 Yamato Sushi  
Premade Rolls

Chicken Tikka  
Masala  
With Rice

Philly Cheese  
Hoagie

Chicken Parmesan  
Grinder

Philly Cheese  
Hoagie

Chicken Parmesan  
Grinder

 Classic Cheese  
Pizza  
Pepperoni Pizza  
Garden Salad

 Classic Cheese  
Pizza  
Pepperoni Pizza  
Garden Salad

 Classic Cheese  
Pizza  
Pepperoni Pizza  
Garden Salad

 Classic Cheese  
Pizza  
Pepperoni Pizza  
Garden Salad

### Pre-made Boars Head Sandwich Options

Ham & Cheese  
Sandwich

Ham & Cheese  
Sandwich

Ham & Cheese  
Sandwich

Ham & Cheese  
Sandwich

Ham & Cheese  
Sandwich

Turkey BLT

Turkey BLT

Turkey BLT

Turkey BLT

Turkey BLT

Chicken Caesar  
Wrap

Chicken Caesar  
Wrap

Chicken Caesar  
Wrap

Chicken Caesar  
Wrap

Chicken Caesar  
Wrap

 Tomato Mozzarella  
Flatbread

 Tomato Mozzarella  
Flatbread

 Tomato Mozzarella  
Flatbread

 Tomato Mozzarella  
Flatbread

 Tomato Mozzarella  
Flatbread

### Garden Salads-Made Fresh Daily

 Entree Garden  
Salad

 Entree Garden  
Salad

 Entree Garden  
Salad

 Entree Garden  
Salad

 Entree Garden  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chef Salad

Chef Salad

Chef Salad







Chef Salad





Chef Salad







# What's on the Menu?

## Staples High School Lunch Menu-Sept. 21-25

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Lunch Choices</b>				
 <b>Baked Ziti</b> Roasted Vegetable Soft Roll	<b>General Tso Chicken</b> Over Rice	<b>Distant Learning Day</b>	 <b>Baked Ziti</b> Roasted Vegetable Soft Roll	<b>General Tso Chicken</b> Over Rice
<b>Buffalo Chicken Dip</b>	<b>Chicken &amp; Waffles</b>		<b>Buffalo Chicken Dip</b>	<b>Chicken &amp; Waffles</b>
<b>Classic Cheese Pizza</b> 	<b>Classic Cheese Pizza</b> 		<b>Classic Cheese Pizza</b> 	<b>Classic Cheese Pizza</b> 
<b>Pepperoni Pizza</b>	<b>Pepperoni Pizza</b>		<b>Pepperoni Pizza</b>	<b>Pepperoni Pizza</b>

<b>Pre-made Boars Head Sandwiches</b>				
<b>Italian Combo</b>	<b>Italian Combo</b>	<b>Distant Learning Day</b>	<b>Italian Combo</b>	<b>Italian Combo</b>
<b>Turkey and Cheese</b>	<b>Turkey and Cheese</b>		<b>Turkey and Cheese</b>	<b>Turkey and Cheese</b>
<b>Chicken Caesar Wrap</b>	<b>Chicken Caesar Wrap</b>		<b>Chicken Caesar Wrap</b>	<b>Chicken Caesar Wrap</b>
 <b>Tossed Salad Pesto Wrap</b>	 <b>Tossed Salad Pesto Wrap</b>		 <b>Tossed Salad Pesto Wrap</b>	 <b>Tossed Salad Pesto Wrap</b>

<b>Garden Salads-Made Fresh Daily</b>				
 <b>Entree Garden Salad</b>	 <b>Entree Garden Salad</b>	<b>Distant Learning Day</b>	 <b>Entree Garden Salad</b>	 <b>Entree Garden Salad</b>
<b>Chicken Caesar Salad</b>	<b>Chicken Caesar Salad</b>		<b>Chicken Caesar Salad</b>	<b>Chicken Caesar Salad</b>
<b>Cobb Salad</b>	<b>Cobb Salad</b>		<b>Cobb Salad</b>	<b>Cobb Salad</b>









# What's on the Menu?

## Staples High School Lunch Menu-Sept. 28-Oct. 2

Monday	Tuesday	Wednesday	Thursday	Friday
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### Hot Lunch Choices

School Closed For Yom Kippur	 Bubbly Baked Macaroni & Cheese with Ham & Broccoli	Spicy Szechuan Chicken over Rice	 Bubbly Baked Macaroni & Cheese with Ham & Broccoli	Spicy Szechuan Chicken over Rice
	BBQ or Buffalo Chicken Tenders	Pulled Pork Sandwich	BBQ or Buffalo Chicken Tenders	Pulled Pork Sandwich
	 Cheese Pizza Garden Salad	 Cheese Pizza Garden Salad	 Cheese Pizza Garden Salad	 Cheese Pizza Garden Salad
	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza

### Pre-made Boars Head Sandwich Options

School Closed For Yom Kippur	Ham & Cheese Sandwich	Ham & Cheese Sandwich	Ham & Cheese Sandwich	Ham & Cheese Sandwich
	Turkey BLT	Turkey BLT	Turkey BLT	Turkey BLT
	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap
	 Tomato Mozzarella Flatbread	 Tomato Mozzarella Flatbread	 Tomato Mozzarella Flatbread	 Tomato Mozzarella Flatbread

### Garden Salads-Made Fresh Daily

School Closed For Yom Kippur	 Entree Garden Salad	 Entree Garden Salad	 Entree Garden Salad	 Entree Garden Salad
	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad
	Chef Salad	Chef Salad	Chef Salad	Chef Salad

